

# Curriculum Vitae

## Erik Simonsen, MD, PhD

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### Personal Data

Date of Birth: August 19, 1949  
Home Address: Allehelgensgade 26A, 4000 Roskilde  
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### Academic Appointments

2014 – present Professor of Psychiatry, Faculty of Health and Medical Sciences, University of Copenhagen  
2011 - 2014 Associate Professor, Faculty of Health and Medical Sciences, University of Copenhagen  
2010 - 2014 Professor MSO, Department of Psychology and Educational Studies, Roskilde University  
2005 - 2011 Associate Research Professor, University of Copenhagen  
2001 – 2005 Associate Professor, University of Copenhagen  
1983 – 1991 Associate Professor, University of Copenhagen

### Hospital Appointments

2009 - present Director, Psychiatric Research Unit, Psychiatry Region Zealand  
2005 - 2008 Director, Psychiatric Research Unit, Roskilde County/Psychiatry Region Zealand  
1993 - 2005 Head of Department, Psychiatric Hospital Fjorden, Mid District  
1992 - 1993 Chief Psychiatrist, Psychiatric Hospital Fjorden, Mid District

### Other Appointments

1989 - present Medical Director, Institute of Personality Theory and Psychopathology

### Honors and Awards

2012 Award of Honor, the National Committee on Health Research Ethics  
2011 Dr Honoris Causa, University of Medicine and Pharmacy of Targu Mures, Romania  
2001 Award, International Society on the Study of Personality Disorders (ISSPD)  
1997 Guest of Honor, University of La Plata, Argentina

### Grant Support (>1 million DKK)

2017 Eurostar (DKK 1,300,000)  
2016 Trygfonden (DKK 3,700,000)  
2011 Lundbeckfonden (DKK 2,500,000)  
2008 – present Grants for PhD studies, Regional Health Research Foundation and Psychiatry Region Zealand  
2000 Theodore and Vada Stanley Foundation (DKK 1,200,000)

### Authorizations and Certifications

2011 PhD, Faculty of Health Sciences, University of Copenhagen  
1992 Certified Supervisor in psychotherapy for Psychologists and Psychiatrists  
1989 Certified in Psychiatry by the National Health Services of Denmark  
1982 Certified Group Psychoanalyst, Institute of Group Analysis, London  
1980 Licensed as General Practitioner (the National Health Services of Denmark)

## Faculty Services and Other Lectures and Courses

### a) Dissertations

- 2021 Chair, Dissertation Committee: Hinuga Sandahl's PHD dissertation: Sleep and PTSD in trauma-affected refugees. *University of Copenhagen*
- 2013 Member of Dissertation Committee: Ragnhild Johansen Doctoral Dissertation: Working alliance and Service Engagement in early schizophrenia spectrum disorder. *Norwegian University of Science and Technology, Trondheim*
- 2011 PhD Examination, Dr Andrew M. Chanen: Borderline and other personality disorders in clinically referred young people: temporal stability, psychopathology and functioning, and screening. *Melbourne School of Graduate Research, Australia*
- 2006 Member of Dissertation Committee: Torben Østergaard Christensen's PhD Dissertation: Cognitive and Psychosocial Dysfunctions in Schizophrenics. *University of Aarhus*
- 2006 Chair, Dissertation Committee: Johan Øhlenschläger's PhD Dissertation: Coercion in first-episode schizophrenia-spectrum Disorder. *University of Copenhagen*
- 1997 Member of Dissertation Committee: Medical student Claus Lund's Diploma Thesis on the Occurrence of Personality Disorders in Patients with Eating Disorders. *Research School, Faculty of Health Sciences, Odense University*
- 1996 Member of Dissertation Committee: Torkel Uldall's PhD Dissertation: The Royal Theatre (Det Kgl. Teater): Autobiography and Narcissism. From Adam Oehlenschläger to Peter Martins. *Institute of Art History, Dance, and Theatre Science*

### b) Professorship Assessment

- 2019 Chair Assessment committee: Maj Vinberg, Professor, MD. *Faculty of Medical and Health Sciences, University of Copenhagen*
- 2019 Chair Assessment Committee: Jimmi Nielsen, Professor, MD. *Faculty of Medical and Health Sciences, University of Copenhagen*
- 2014 Chair Assessment Committee; Poul Videbech, Professor, MD. *Faculty of Medical and Health Sciences, University of Copenhagen*
- 2013 Member of Assessment Committee: Tom Palmstierna, Associate Professor, MD. *Norwegian University of Science and Technology, Trondheim*

### c) Tutoring/Supervision – PhD Projects

- 2021 – present Ida Storm, RN: Identity, recovery and transition in first episode of psychosis (*Supervisor*)
- 2020 – present Ali Abbas Shaker, MD: Integration and evaluation of healthcare technology solutions in the treatments of psychiatric disorders (*Faculty Supervisor*)
- 2020 – present Michelle Iris Jakobsen, MD: Attitudes of physicians and patients towards clozapine treatment (*Faculty Supervisor*)
- 2019 – present Lea Steen Petersen, MCs in Psychology: Cognitive functions in borderline and schizotypal personality disorder, and relationships to a dimensional model of personality disorders (*Faculty Supervisor*)
- 2018 – present Line Lindhardt, MD: TOP-NEED: DeTection Of Psychosis among youth Not in Education or Employment –the Disconnected youth (*Supervisor*)
- 2018 – present Malene Foldager, MCs in Psychology: Conceptual and narrative structures in children and adolescents with autism (*Faculty Supervisor*)
- 2017 – 2018 Søren Fryd Birkeland, MD: An integrative case series and validation study on paranoid personality disorder (*Faculty Supervisor*)
- 2017 – present Anne Bryde Christensen, MCs in Psychology: TRACT (*Supervisor*)
- 2017 – present Lise Møller, MCs in Psychology: Traumatic experiences, dissociation, personality traits and functioning in patients with complex PTSD (*Faculty Supervisor*)

- 2017 – present Mie Poulsgaard Jørgensen, MCs in Psychology: Mentalization-based treatment in groups for adolescents with borderline personality disorder (BPD) or subthreshold BPD versus treatment as usual (M-GAB) – follow-up study 3 and 12 months post treatment (*Faculty Supervisor*)
- 2017 – present Maria Willer Meisner, MD: Psychopathology in the borderline conditions using the DSM-5 Alternative Model of Personality Disorders (*Faculty Supervisor*)
- 2015 – 2019 Tine Harpøth, MCs in Psychology: Mentalizing positive emotions in borderline personality pathology and psychotherapy (*Faculty Supervisor*)
- 2015 – 2018 Michael Tvilling Madsen, MD: The effect of melatonin on Depression, Anxiety, Circadian and Sleep Disturbances in patients after acute Myocardial Syndrome (*Faculty Supervisor*)
- 2013 – 2020 Emma Beck, MCs in Psychology: Mentalization-based group psychotherapy for adolescents with BPD (*Project Supervisor*)
- 2013 – 2017 Mathias Skjernov, MD: Treatment outcome of group therapy for patients with severe health anxiety. A randomized controlled trial (*Faculty Supervisor*)
- 2013 – 2019 Jane Fjermestad Noll, MD: Narcissism and Depression (*Faculty Supervisor*)
- 2012 – 2016 Morten Bech Sørensen, MCs in Psychology: Autobiographical memory in borderline personality disorder (*Project Supervisor*)
- 2012 – 2016 Marianne Skovgaard Thomsen, MCs in Psychology: Neuropsychological test performance and their changes following MBT psychotherapy in BPD (*Supervisor*)
- 2012 – 2015 Anne Marie Trauelsen, MD: Previous traumas and neglect in first episode psychosis (*Faculty Supervisor*)
- 2012 – 2016 Bo Bach Pedersen, Psychologist, PhD: Maladaptive schemas and personality traits in adult psychopathology (*Project Supervisor*)
- 2010 – 2013 Agnes Ringer, MCs in Psychology: Sprog og værdier i psykiatrien (*Supervisor*)
- 2009 – 2013 Janus Jakobsen, MD: Systematic reviews of randomised clinical trials examining the effects of psychotherapeutic interventions versus 'no intervention' for major depressive disorder and a randomised trial examining the effects of 'third wave' cognitive therapy versus mentalization-based treatment for major depressive disorder (*Faculty Supervisor*). *To be defended 2013*
- 2009 – 2012 Stine Bjerrum Møller, MCs in Psychology: Anger, Aggression and Meta Cognition (*Supervisor*)
- 2009 – 2012 Mickey Kongerslev MCs in Psychology: Personality Disorders in Adolescents (*Faculty Supervisor*)
- 2009 – 2012 Lene Halling Hastrup, Cand.Oecon.: Economic aspects of an intervention program in first-episode psychosis (OPUS) (*Supervisor*)
- 2008 – 2011 Jim Toft, Cand.Mag., PhD Student: Physical exercise with Schizophrenic Patients (*Supervisor*)
- 2008 – 2011 Ole Jakob Storebø, Master in Educational Psychology: Attachment Disturbances in Children with an ADHD Diagnosis (*Faculty Supervisor*)
- 2006 – 2009 Sebastian Simonsen, MCs in Psychology: Personality Pathology (*Project Supervisor*)
- 2005 – 2007 Faezeh Zand, MCs in Psychology: Afghan women's psychosocial development in Denmark and Iran (*Supervisor*)
- 1998 – 2002 Lene Falgaard, MD: Personality and Sexuality (*Supervisor*)

#### **d) Other Guidance/Supervision of Medical Students**

- 2014 Mathilde Holmskov: Cochrane Review – methylphenidate for ADHD in children and adolescents
- 2014 Anne Elisabeth Castberg: Risiko for udvikling af kardiovaskulær sygdom og diabetes mellitus type II blandt skizofrenipatienter behandlet med antipsykotika
- 2013 Erica Ramstad: Cochrane Review – methylphenidate for ADHD in children and adolescents
- 2012 Helle Krogh: Cochrane Review – methylphenidate for ADHD in children and adolescents
- 2012 Sara Hirani Lau-Jensen: Self-harm as a diagnosis – a literature study
- 2012 Sofie Vestergaard Juul: Mindfulness for Chronic Pain
- 2011 Nina Timmerby: Assessment of affective dysregulation in BPD (Osva-assignment)

2011	Anne Cathrine Steenstrup Petersen: Association of eating disorder and personality disorder in adolescents (Osval-assignment)
2010	Rene Green Hansen: Personality and depression – a systematic review
2008	Andreas Hoff: Psychopathy (Candidate Assignment)
2008	Linda Palm: Medical Students' Psychiatric Diseases (Osval-assignment)

#### **National and International Committees and Boards**

- Danish Psychiatric Association, Research Board, 2013 – 2017
- ICD-11 Advisory Group, Section on Personality Disorders, 2009 – 2018
- Member of Advisory Council of the WPA Institutional Program on Psychiatry for the Person (IPPP), 2007 –
- Board Member Danish Psychiatric Biobank, Psychiatric Center, Sct. Hans Hospital, 2007 –
- Danish Psychiatric Society, Diagnostic Board, 2003 –
- APA/WHO/WPA Research Group on Personality Disorders, Co-Chair, 2003 – 2005
- World Psychiatric Association, Section on Personality Disorders, Chair, 2001 - 2008
- New England Personality Disorder Association (NWPDA), Board Member, 1997 – 2005
- Institute for Advanced Studies in Personology and Psychopathology, Board Member, 1997 –
- Association for Personality Disorder Research (APDR), Board Member, 1993 – 2003
- Danish Psychiatric Society, Educational Board, 1992 – 1996
- The International Society on the Study of Personality Disorders (ISSPD), Secretary/treasurer 1988 – 1995, President 1995 – 1999, Past President 2000 – 2004
- Medical Director Institute of Personality Theory and Psychopathology (IPTP), 1988 –
- Danish Psychiatric Society, Diagnostic Board, 1986 – 1992

#### **Editorial Commitments**

- BMC Psychiatry (Associate Editor, 2014 – 2016)
- Personality and Mental Health (Editor, Complex Cases, 2007 – 2014)
- Early Intervention in Psychiatry (Editorial Board, 2007 – )
- Faculty of 1000 Medicine (Faculty Member, Personality Disorders Section, 2004 – 2016)
- Journal of Personality Disorders (Editorial Board, 1989 – )
- Scandinavian Journal of Child and Adolescent Psychiatry and Psychology (Section Editor, 2013 – )

#### **Referee for papers to**

- Acta Psychiatrica Scandinavica
- American Journal of Orthopsychiatry
- BMC Psychiatry
- Comprehensive Psychiatry
- Journal of Personality Disorders
- Nordic Journal of Psychiatry
- Personality disorders: Theory, Research, and Treatment
- Personality and Individual Differences
- Personality and Mental Health
- Psychopharmacology
- Scandinavian Journal of Psychology
- Ugeskrift for Læger (Danish Medical Bulletin)